

## **Class 1: Middle & Late Childhood**

### **Lenses & Toolbox**

- Lenses inform decisions
- Adding tool to the toolbox

### **Erikson's Psychosocial Theory: Industry vs Inferiority**

- Main Question: can I make it in the world of people and things
- Industry -> self-confidence, autonomy, determination, self-awareness and responsibility
- Inferiority -> doubt, shame, guilt, feeling defeated and inferior
- Some Key Characteristics
  - learn new skills: take on new tasks and responsibilities
    - Interactive modeling
    - Suggestion for Parenting: involve children in chores and planning
  - Produce Work:
    - take on tasks that require more complex skills: reading, writing, telling time
    - manage personal needs with minimal assistance
    - Suggestion for Parenting: co-create routines to increase ownership and responsibilities
  - Grow in Self Confidence
    - praise for effort, diligence, perseverance until task completion
    - can appear in forms of talkbacks, disobedience, and rebellious
    - Suggestion for Parenting: Praise specific efforts and do not get angry
  - If fail to gain industry, child feel inferior
    - learned helplessness, incapable of meeting expectations
    - suggestions for parent: treat failure as opportunity for learning and do not take over.

**You are not meant to parent alone - do it together**

Sunday, September 19, 2021