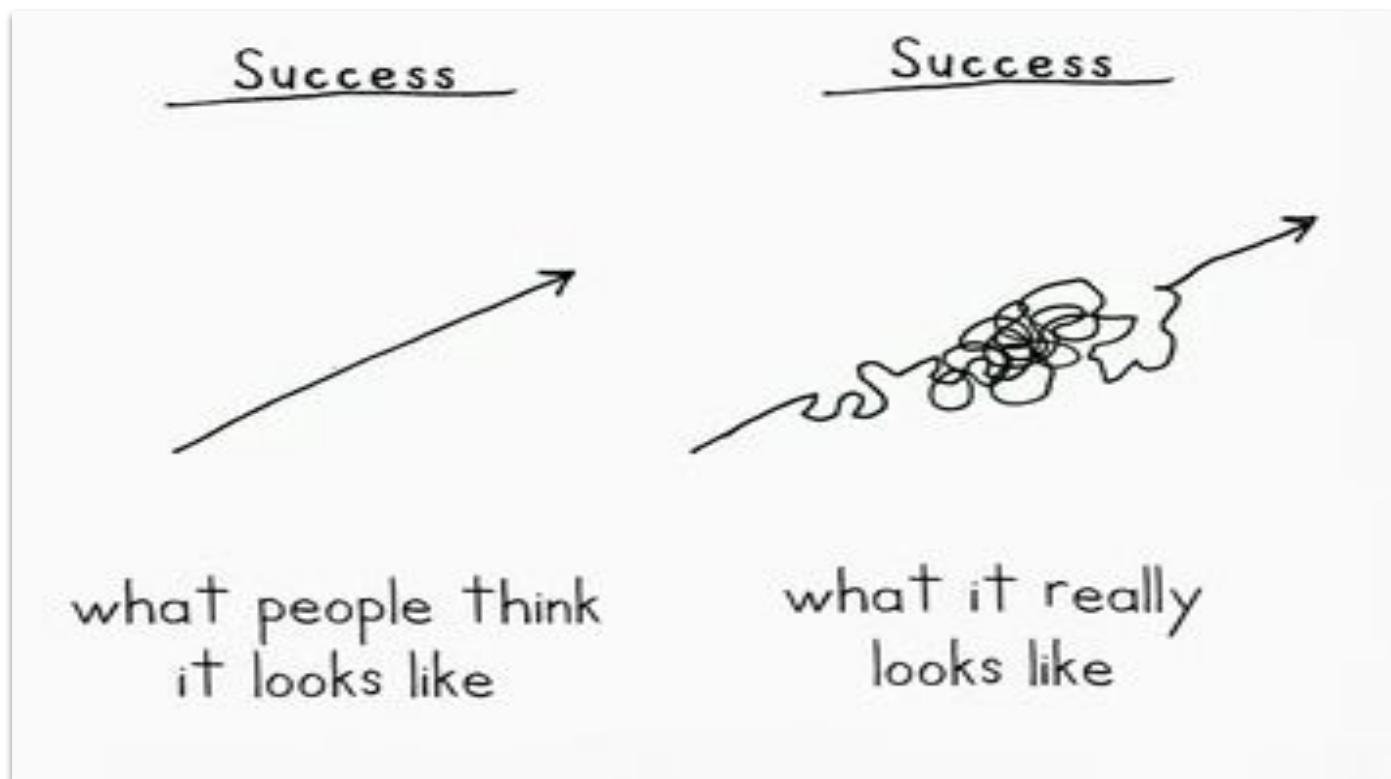


青少年的 學校與朋友

Stacey Soong Sept. 25, 2022

爸媽，我有話要說 主日學課程(3)

成功的定義

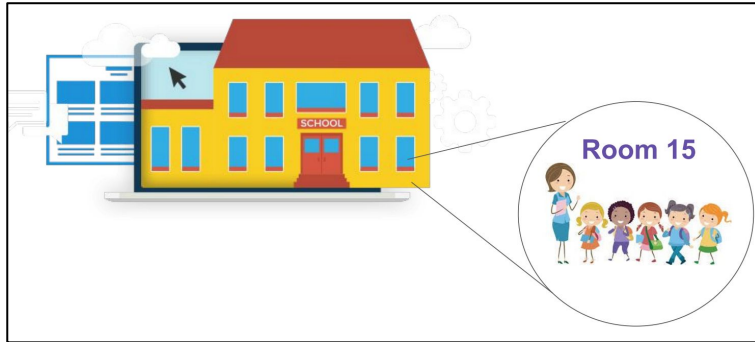


中學與高中

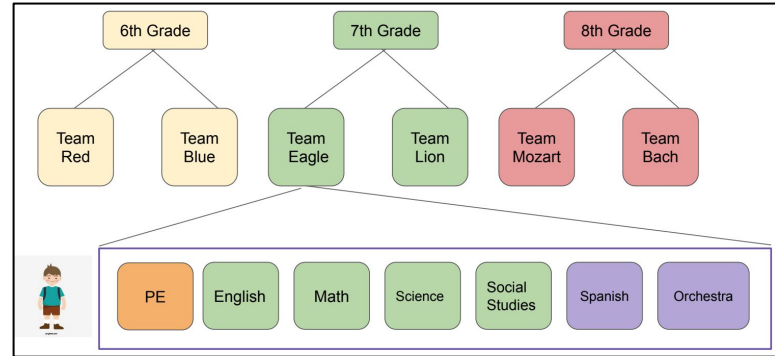
- An important **transition** from elementary to middle to high school
 - Physically
 - Academically
 - Socially- expanded circles
- Help your students **take responsibility**
 - Time management (planner, Learning Management System-Schoology, Family Google Calendar, getting enough sleep and downtime)
 - Organization Skill (ownership of homework, online grading)
 - Communication with teachers (learn to write a proper message)
- What can you do to **support your youth**?
 - Train your youth to take responsibility for their learning with **love and patience** 在愛中學習獨立
 - Allow your youth to **learn from their own mistakes** 在失敗中學習成長
 - They do need your guidance and support

Expanded Circles

Elementary School-Self Contained Classrooms



Middle School: Teams



High School:
Different classes
Clubs
Sports
Larger campus
of over 2000
students



X 4



青少年寫 Email給老 師的範本

Click [Here](#) for PDF link

- **Never, EVER use texting lingo or spelling** when writing to a teacher.
Example: hey. kan i ask u a ? about ur test l8r? lol ;)

That may be okay when you are messaging your friends, but it is NOT acceptable when you are contacting your “boss.”

- **Consider the timing** of your message. If you send a message at 9:00 p.m., your teacher is not going to respond by 7:00 a.m. Also, do not ask for an extension the night before an assignment is due.

- And of course, don't forget to **check your spelling, capitalization, and punctuation** before you click “Send!”

Reminders for Messaging Your Teachers

Remember, Students: Your teacher is like your boss! Some day, you will have a job, and some day, you will be expected to write careful, courteous, and professional messages. Because this kind of communication is formal, it is important to be mindful when sending e-mails or Schoology messages. Let's start now with your teachers, shall we?

Example:

Dear Ms. Nelson,
Hello, Ms. Nelson!
Hi, Ms. Nelson:

Don't be fake, but do start with a simple pleasantry since you are probably writing to ask for some kind of favor...

Start with a polite salutation. It will make your teacher more willing to read what you have to say.

How are you? I was sick today, so I missed the Parts of Speech assignment. I checked on Schoology already, but I don't understand how to do it. Could you please meet with me tomorrow morning before school to explain it to me?

Explain your reason for writing, and ask politely for what you need.

Thanks,
Sincerely,
See you tomorrow,

Choose a polite or thankful closing when you sign off. (Yours truly, Your student, etc. also work.)

Jimmy Jones

Don't forget to sign your name! Otherwise, your teacher may not recognize your email address and will not know who you are.

父母寫Email給老師的範本

三明治技巧：

- 謝謝老師
- 解釋情況 或 提出疑問
- 謝謝老師

Dear Mr. Smith,

Thank you so much for your email. Jenny has been pretty independent in the past, so aside from asking whether she has completed her HW, which she said she did this week, we're usually pretty hands off. **We will** definitely talk to her about this and have her come up with a plan to catch up on work.

Though this is not an excuse for her behavior, Jenny has been struggling to make new friends and feel a sense of belonging this year since all of her close friends from middle school went to _____ High. I think this has a lot to do with her disengagement and attitude as well.

We appreciate your email and your support of Jenny.

Thank you,
Anne

父母如何與學校溝通，連結

- **Encourage your student to approach teachers first**
- **Parents can follow up** with email or schedule a conference when necessary
 - Think win-win: “It takes a village to raise a child.” We all have our student’s best interest at heart. Why not work together?
 - Sandwich method: Thank the teacher first, state problem and possible solution, end with appreciation
- Understand **school/staff structure** when communicating with school (administration, counselors, teachers, psychologists, case managers for IEP/504.)
 - Get your student’s input-do they want your help?
 - You can request a meeting; you may need to escalate (cc admin in email)
- **Active Participation**
 - Go to **Back to School Night** and **Open House**
 - Go to/volunteer for your student’s **sports events**
 - Join the **PTA** or other parent organizations

Infinite Campus

PARENT PORTAL

RESOURCE LINKS

NEWS

LOW COST INTERNET



Passwords were sent via Informed K-12. If you cannot locate your password please email [Dana Kuhlmann](#).



Parent Login Instructions for Infinite Campus



註冊
選課
出席
遲到
成績單

選課

Infinite Campus		
Message Center	Schedule	
Today		
Calendar		
Grades		
Attendance		
Schedule		
Food Service		
Fees		
School Store		
Documents		
More		
2	Story and Style	Dery, Monica B Rm: 87
Tut	FHS Tutorial	Smith, Connor Rm: -
3	AP Environ Science	Leoni, Virginia L Rm: A-105
4	AP Calculus BC	Kaye, Micaela Rm: A-208
ADV	Advisory	Kaye, Micaela Rm: A-208
5	US Government	Beckstrom, Geoff G Rm: B-202
6	Princ of Business	Egg, Aaron D Rm: C-107
7	No Class 7th	Rm: -
ACT	PE Athletics	Townsend, Jason C Rm: -

Documents

School Year

22-23

Schedule

Student Schedule

22-23 Fremont High School

Transcript

FUHSU unofficial transcript no immunizations

22-23 Fremont High School

Transcript with RL School Closures Grades

22-23 Fremont High School

Transcript with RL Sem 2 Only

22-23 Fremont High School

edit, convert, sign tools | chrome-extension://efaidnbmnnnibpca



School LEED Code: US-8460 School LODE: 433/4/4
Tel: (408)522-2400 Fax: (408)522-2408
575 W Fremont Ave, Sunnyvale, CA 94087

Generated on 09/11/2023

Student Information				Course				Mark		Weight		Credit Summary	
				4432474 Fremont High School								Curriculum Program: High School	
				2019-2020 Grade 10 Term 1								High School At	
				2320 Algebra 2/Trig				A		5.0000		English 30	
				4450 AP Chinese Ling/Cul				A		5.0000		ELD 0.0	
				3620 Chemistry H				A		5.0000		Algebra 10	
				7790 Studio Art				A		5.0000		Geometry 20	
				1620 World History				A		5.0000		Life Science 10	
				1020 World Lit/Art				A		5.0000		Physical Science 20	
				Credit: 30.0000 UWP GPA: 3.833									
				2021-2022 Grade 11 Term 1								World History 10	
				1150 AP Lang/Comp				B		5.0000		US History 10	
				1750 AP US History				B		5.0000		Economics 0.0	
				2370 Comp Prog Java				A		5.0000		US Government 0.0	
				3720 Physics H				A		5.0000		Physical Education 25	
				2420 Pre-Calculus H				A		5.0000		World Language** 20	
				8655 Team Drill/Dance				P		5.0000		Fine Arts** 10	
				Credit: 30.0000 UWP GPA: 3.600								Applied Academics** 20	
				2021-2022 Grade 11 Term 2								Electives 10	
				1150 AP Lang/Comp				B		5.0000		Total 19	
				1750 AP US History				A		5.0000			
				2370 Comp Prog Java				A		5.0000			
				3720 Physics H				A		5.0000			
				2420 Pre-Calculus H				A		5.0000			
				8655 Team Drill/Dance				P		5.0000			
				Credit: 30.0000 UWP GPA: 3.800									
Enrollment Summary				In-Progress Courses								UNOFFICIAL Total	
Start/End Date				Grade				2420 AP Calculus BC		10.0000			
08/17/2020-06/06/2021				10				8640 AP Environmental Science		10.0000			
08/16/2021-06/03/2022				11				4850 AP Microeconomics		10.0000			
08/22/2022				12				1860 AP Business		10.0000			
								1260 Story and Style		10.0000			
								1845 US Government		5.0000			
Course				4432474 Fremont High School									
				Mark				Weight		Credit			
				2019-2020 Grade 09 Term 1								Credit Summary	
				6210 3D Design 1				B		5.0000		Curriculum Program: High School	
				3110 Biology				B		5.0000			
				4440 Chinese A				B		5.0000			
				2240 Geometry Enriched				A		5.0000			
				1010 Lit/Wrt				B		5.0000			
				2510 PE 9				B		5.0000			
				8660 Team Drill/Dance				P		5.0000			
				Credit: 35.0000 UWP GPA: 3.333									
				2019-2020 Grade 09 Term 2									
				6210 3D Design 1				CR		5.0000			
				3110 Biology				CR		5.0000			
				4440 Chinese A				H		5.0000			
				2240 Geometry Enriched				H		5.0000			
				1010 Lit/Wrt				CR		5.0000			
				2510 PE 9				CR		5.0000			
				8660 Team Drill/Dance				P		5.0000			
				Credit: 35.0000 UWP GPA: 0.0000									
				2020-2021 Grade 10 Term 1									
				2320 Algebra 2/Trig				A		5.0000			
				4450 AP Chinese Ling/Cul				A		5.0000			
				3620 Chemistry H				A		5.0000			
				7790 Studio Art				A		5.0000			
				8665 Team Drill/Dance				P		5.0000			
				1620 World History				A		5.0000			
				1020 World Lit/Art				A		5.0000			
				Credit: 35.0000 UWP GPA: 4.000									

Schoology-Student View

FREMONT UNION HIGH SCHOOL DISTRICT COURSES GROUPS GRADES

Courses

FHS SENIORS

FHS Guidance Class of 2023 Fremont High School

The Hub

FHS Hub Gr12 Fremont High School

PE Athletics - 2590 Townsendl PACT

Advisory - 9100 KayeM pADV Fremont High School

FHS Tutorial - 8030 ChanB pTut Fremont High School

AP Calculus BC - 2440 KayeM p4 T1 Fremont High School

Lockdown Browser Help for Students Fremont Union High School District

Medellin Class of 2023

Princ of Business - 4580 EzeA p6 T1

Story and Style - 1260 DeryM p2 T1

US Gov Block 5

FREMONT UNION HIGH SCHOOL DISTRICT COURSES GROUPS GRADES

You are viewing Alison Wu's course

AP Calculus BC - 2440: KayeM p4 T1

Fremont High School

Announcement:

BC CALC

SIGN UP FOR FLEX!

EXTRA RESOURCES

AP Classroom

Graphing Calculator

Upcoming

Friday, September 23, 2022

PET 2.2 I can find the tangent line to a function using derivative rules 8:00 am

Friday, October 7, 2022

Unit 2: Derivatives Techniques Assessment

學生常用

- 各各課程, 老師 post 作業於此
- 學生網上繳交作業
- 學生可以看各科作業成績

Schoology-Parent View

家長有帳號可以設立要不要每週收到 email, 列出孩子各科作業成績。

The screenshot shows the Schoology Parent View interface. At the top is a dark red navigation bar with the Fremont Union High School District logo and links for COURSES, GROUPS, and RESOURCES. On the right side of the bar are icons for search, a grid view, a calendar, an email notification (with a yellow badge), and a user profile dropdown for Stacey Soong. Below the navigation bar, the main content area is titled 'Account' and contains four tabs: Account Settings (selected), Notifications, Privacy Settings, and Recycle Bin. The 'Notifications' section explains that Schoology sends notifications for actions involving the user and provides a link to 'Turn Off All Notifications'. It is divided into two sections: 'Academic' and 'School Groups', each with an 'Email' notification icon. Under 'Academic', there are five notification items with toggle switches: 'Course update posted' (On), 'Course comments on updates, assignments, or discussions' (Off), 'Comments on my posts' (On), 'Course content created' (Off), and 'Course materials overdue' (Off). Under 'School Groups', there are three items: 'Group update posted' (On), 'Group comments on updates or discussions' (Off), and 'Comments on my posts' (On). A blue tooltip with a speech bubble icon and the text 'Send notifications to you text message' is visible over the 'Academic' section. On the right side of the page, a user profile dropdown menu is open, showing the user's name 'Stacey Soong' with a green checkmark, a profile picture of 'Alison Wu' from 'Fremont High School', an 'Add Child' button, and links for 'Your Profile', 'Fremont High School', 'Settings' (highlighted in red), and 'Logout'.

Account

Account Settings | Notifications | Privacy Settings | Recycle Bin

Notifications

Schoology sends you notifications when actions occur that involve you. You can select which notifications you would like to receive.
[Turn Off All Notifications](#)

Academic ✉ Email

Course update posted	On
Course comments on updates, assignments, or discussions	Off
Comments on my posts	On
Course content created	Off
Course materials overdue	Off

School Groups ✉ Email

Group update posted	On
Group comments on updates or discussions	Off
Comments on my posts	On

User Profile Dropdown:

- Stacey Soong ✓
- Alison Wu
Fremont High School
- + Add Child
- Your Profile
- Fremont High School
- Settings**
- Logout

Weekly Schoology Summary Email

Your Children's Weekly Schoology Summary



notifications@schoology.com <notifications@sc
on behalf of Schoology <no-reply@schoology.<

To: staceysoong@gmail.com



schoology

9/16/22 - 9/23/22

Course Summary

Grade
(Current Grading
Period) Attendance

FHS Tutorial - 8030: ChanB pTut
22-23 T1 (21 Aug - 19 Jan)

-

-

Advisory - 9100: KayeM pADV
22-23 T1 (21 Aug - 19 Jan)

-

-

US Government - 1845: Block 5
22-23 T1 (21 Aug - 19 Jan)

A 90.05%

-

Social media's impact in a strong democracy
What is social media's effect on democracy in
the USA?
Social Media Article with bias analysis
Media Diet Log and Reflection

○

3/3

4/5

20/20

Princ of Business - 4580: EegA p6 T1
22-23 T1 (21 Aug - 19 Jan)

A 94%

-

Economics Quiz

25/25

AP Calculus BC - 2440: KayeM p4 T1
22-23 T1 (21 Aug - 19 Jan)

F 56.87%

-

Unit 1: Limits Test
PET 1.1: Limit Laws
PET 2.1 - I can use derivative shortcuts
PET 2.1 - I understand the relationship bw
function & derivative

57/100

1/1

0/1

0/1

AP Environ Science - 3840: LeonIV n2 T1

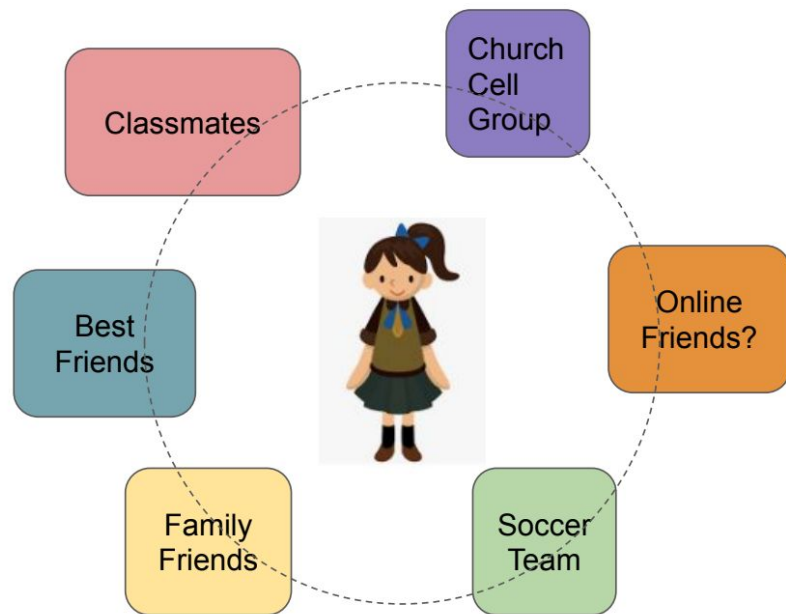
A

-

溫馨小叮嚀：
成績會有很大的
浮動。不要太
大驚小怪！

青少年的友誼

- Expanded circle: friends, church life group, family friends, classmates, sports teams, online friends
- Get to know your child's friends
- Encourage a wide range of friends
- Share your own experiences and friendship stories
- Listen, don't judge
- Validate feelings- you don't have to agree, but don't dismiss how they feel
- Notice toxic friendships or bullying behavior, including cyber bullies
- Get professional help when needed! (Drugs, cutting, depression, anxiety, suicidal thoughts)




真實例子：你會如何反應？

- 孩子跟父母有衝突，以不當方法(離家出走，割腕，吸毒，自殺)來尋求解脫
- 高中生一學期累積了近50堂遲到
- 高中生中午在校外吸毒，被警察抓到，請父母去現場領小孩
- 高中生結交男朋友不讓爸媽知道
- 學生剛拿到駕照，出車禍撞壞車子
- 大學生忘記選課日，結果因此無法如期畢業
- 大學生因得Covid而在地獨自隔離，開始有焦慮，憂鬱症
- 大學生說要休學或休息一學期
- 大學生跟朋友吵架，不小心post了不當簡訊在公開的Instagram上
- 孩子穿衣習慣跟你的價值觀不合
- 孩子想刺青

父母可以做的事：

- 平靜的跟孩子溝通，不要暴怒說氣話，成為孩子()的原因
- 為孩子禱告，禱告，(流淚，忍耐)再繼續禱告
- 親子關係重要。試著接受孩子的決定，能說 yes, 就不要說 no
- 用上帝的眼光看事情-孩子不是父母的延伸，而是上帝託付父母養育的



讓孩子知道，不管發生什麼事，只要留得青山在，沒有不能解決的事。父母需要平心靜氣，切勿暴怒，說出會後悔的話。

左邊例子雖然看起來很令人擔心，但這些父母憑著耐心，愛心，禱告等候，都走過來了！

遲到通知

To the parents or guardians of XXX ,

You have received this email because a teacher marked your student tardy in one or more classes today, and that tardy was NOT EXCUSED. It is important that Alison arrives to classes on time and ready to learn.

So far this school year, your student has been tardy to classes a total of 10 times in the first semester and 46 times in the second semester.

Some of these tardies may have been excused.

To see a detailed account of your student's attendance record, please log into your Campus Parent portal account. (This link to your portal account can also be found on our school website under Parents > Infinite Campus.)

Thank you for your help with this matter,

XXX High School Administrators

好友育兒心得

背後故事：琪琪青少年時期非常叛逆，不愛讀書，喜歡打扮跳舞。大學考到文化大學。讀了一年，大二自己想改讀法律，補習插班考到一所私立大學法律系，需要唸五年。大三又再補習，最近插班考，考到某公立大學法律系，四年即可畢業。

“和孩子的溝通與教養即便是人工智慧都很難精準拿捏！

每次的交手，都火光四射，每次的放手，都膽戰心驚，唯有心臟夠強，“氣夠”沈穩，守候著心裡的“火”苗，終於等到明天的太陽！

熱情＋專業＋策略性耐心

戲棚下站久了，終於等到你！”

常常禱告

所以，你們既是神的選民，聖潔蒙愛的人，就要存憐憫、恩慈、謙虛、溫柔、忍耐的心。

~歌羅西書 3:12

你要專心仰賴耶和華，不可倚靠自己的聰明，在你一切所行的事上都要認定他，他必指引你的路。

~箴言 3:5-6



Q&A

time