

## 第 7 課 建立家庭祭壇的方式 - 設計適合全家的靈修方式

孫大偉、朱琬萍

### 基本原則 Principles

- 找到最適合你和家庭成員的方式 Find the most suitable way for you and your family!
- 考慮適當的教材 Considerations just like selecting the right material
- 參與就是最重要的 – 邊做邊學 Involvement is everything – Learning by doing
- 以上帝為中心 Be God-centered – It’s not a time to share personal issues and needs or discuss current events (it’s fine if they come up, but keep it short)

### 如何進行靈修 Key Decisions

- What: Covered last week
- When: Morning? Night? Before sleep? After dinner?
- How Often: Once a week? Weekdays? Everyday?
- How long: 5 minutes to one hour
- Who: Father and/or Mother? Kids?

### 參與的程度 Involvement Level

#### 例圖 Example:

Family	Word	Prayer
No children	Everyone reads and shares	Pray together
0-2 yr children	Parents read Bible stories to children	Parents pray for children
3-6 yr children	Children read Bible story	Children may follow standard prayer
7-12 yr children	Follow devotional material	Children pray for set topics
Teenage children - Take turn to lead	Read Bible together, discuss/share	Children pray based on Bible

### 話語的原則 Word Principles

- 專注在神 Focus on God - Let’s God speak to everyone!  
例如: 神如何對我們說話 Example – How God speaks to us
- 記得! 這也是父母親的靈修! Remember it’s the parent’s devotion too!  
例如: 小組中的查經帶領 Example – Bible study leader in cell group
- 謙卑 Be humble – Acknowledge you don’t know everything
- 找到適當的語言, 可以考慮雙語 Find suitable language, consider bi-lingual

### 禱告的原則 Prayer Principles

- 各個年齡層會說話的人都可以 ~ 開口禱告 Let everyone who can speak pray
- 每個人使用自己最自在的語言禱告 Use language each person is comfortable with
- 學習聆聽聖靈的聲音 Learn to listen to the Holy Spirit
- 不論處於甚麼景況, 開口彼此祝福 Bless each other, no matter what the mood is





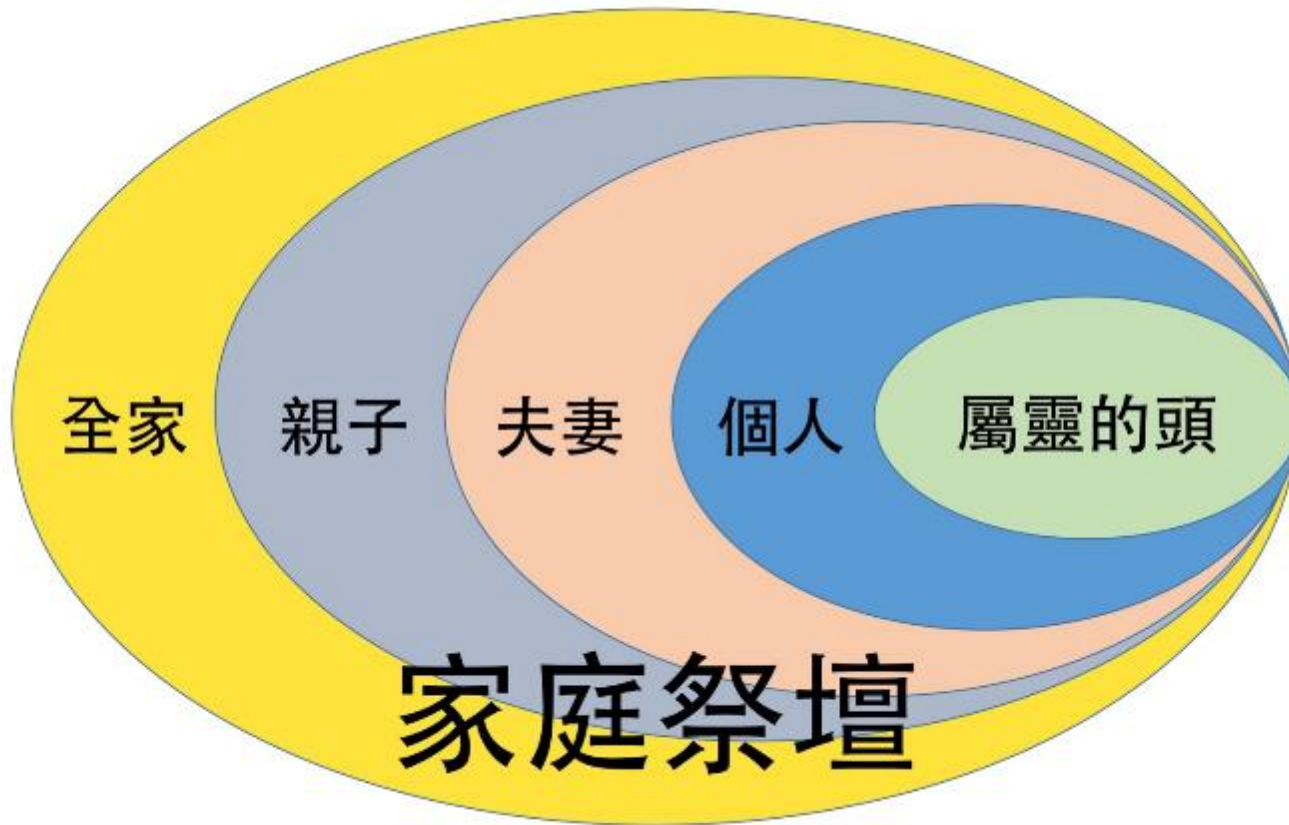
# 打造全方位的 家庭祭壇



建立家庭祭壇的方式-設計適合全家的靈修方式

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# + 打造全方位的家庭祭壇



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## 課程內容

第 1 課 家庭祭壇的意義

第 2 課 弟兄是家裡屬靈的頭

第 3 課 從生活伴侶到屬靈伙伴 - 夫妻靈修的美好

第 4 課 從生活伴侶到屬靈伙伴 - 夫妻服事的甘甜、共嗜的樂趣

第 5 課 個人靈修的重要性

第 6 課 建立家庭祭壇的方式 - 自我預備、教材選擇

第 7 課 建立家庭祭壇的方式 - 設計適合全家的靈修方式

第 8 課 建立家庭祭壇的方式 - 藉創意增進豐富性

第 9 課 建立家庭祭壇的方式 - 困難議題和問題解答

第 10 課 祭壇對生命的建造和影響

第 11 課 從家庭祭壇到全家服事

# + 自我預備, 教材選擇

## 使用教材

-教會或主日學教材 Church / Sunday School Material

-線上靈修教材 Online Devotional Material

<http://www.keysforkids.org/For-Kids/Keys-for-Kids/Read-Listen>

- 聖經 Bible!



# + 自我預備, 教材選擇



## 禱告主題

- 固定的禱告題材 (Exactly the same criteria to consider)
- 替換式的禱告題材 (Rotate topics)
- 特別代禱事項 (Special prayer requests)
- 相關性和個人性的禱告 (Make it relevant and personal)

# + 自我預備, 教材選擇

<https://www.reviveourhearts.com/articles/31-biblical-virtues-to-pray-for-your-children/>

## 30-Day Praying for Your Children Challenge

By Bob Hostetler

Download as a PDF

- 1. Salvation**—"Lord, let salvation spring up within my children, that they may obtain the salvation that is in Christ Jesus, with eternal glory." (Isa. 45:8; 2 Tim. 2:10)
- 2. Growth in Grace**—"I pray that my children may grow in the grace and knowledge of our Lord and Savior Jesus Christ." (2 Pet. 3:18)
- 3. Love**—"Grant, Lord, that my children may learn to live a life of love, through the Spirit who dwells in them. (Gal. 5:25; Eph. 5:2)
- 4. Honesty and Integrity**—"May integrity and honesty be their virtue and their protection." (Ps. 25:21)
- 5. Self-Control**—"Father, help my children not to be like many others around them, but let them be alert and self-controlled in all they do." (1 Thess. 5:6)
- 6. Love for God's Word**—"May my children come to find Your Word more precious than much more gold."



劉梅蕾師母著作

ROLCC weekly daughter churches, mission organizations and countries



<http://www.operationworld.org/>



EHC Dick Eastman – Change the world in XXX Days



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