

### **Topic 7: From Egocentrism to Altruism**

“to parent a child is to love that child and provide the necessary tools for the child to be successful”

**Warm Up:** What have you tried this week to support your child’s development?

### **Altruism:** thinking for the good of others

**Examples:** Help others, share, listen, understand and accept differences, collaborate, compromises...etc.

**associated with:** globally minded, respectful, open-minded, kindhearted, caring, sympathetic, thoughtful...etc.

It is Biblical: Philippians 2:1-17

### **Egocentrism:** inability to take on other people’s perspective, ideas, and beliefs

Piaget’s Theory of Mind - the Three Mountains Task

**Examples in your own home:**

### **Learning to be Altruistic**

How do children learn behaviors? (Bandura’s Bobo Doll Experiment - Social Learning Theory)

1. **Modeling** - model the behaviors you want to see. What behaviors do you exhibit at home? How will you show altruism at home?
  
2. **Point It Out** - tell your child what you see. Which behaviors do you point out at home? What do you see your spouse or your child do?
  
3. **Role Playing / Training** - what will you do with your children to help them to be altruistic.

“There are ups and downs in parenting, so keep on trying.”

“When children see you [the parents] make a mistake and apologize, they know you care about their hearts rather than your pride.”