

## Topic 8: Social Emotional Development

**Social Emotional Development:** Matured social skills allow individuals to interactive positively with different people.

**Vygotsky:** through socializing with capable adults and peers, children can develop their language and cognitive abilities.

### How do children learn behaviors?

1. The Social Learning Theory: Children learn by observation and imitation.
2. PLAY

### PLAY

#### benefits for Children:

- Solve problems with less anxiety
- Foster creativity
- Test new ideas
- Explore and take risks
- Develop a wide range of skills
- Learning new formation
- Gain new experiences

#### benefits for Adults:

- Play reflects what is important to the child
- Adults can teach and practice important skills with children
- Build STRONG parent-child relationships

#### Adults Role in Play

1. Establish a safe physical and emotional boundary
2. Check for safety: people and materials
3. Observe and play with children.

Type of Play	Examples	Benefits	Parent Support
<b>Physical:</b> body movement & Control	Sports, gross motor games, play on structures	coordination, balance, gross motor skills	time and outdoor space access to equipment allow physical games
<b>Exploratory:</b> use of senses	sandbox, water table, play dough	curious, increase motivation, experimenting	sensory bean, different locations, time, hands-on activities
<b>Manipulative:</b> use of fine motor muscles	rubber bands, chopsticks, cups, spoons	increase fine motor skills, physical dexterity, hand-eye coordination	provide wide range of manipulative
<b>Constructive:</b> building	play with legos, blocks, magnet-tiles, recycle constructions	architecture, engineering, reuse materials, long-term project,	provide wide range of recycle materials, tape and glue, multiple function manipulative
<b>Pretend:</b> Dramatic, make believe, role play, fantasy	building a castle, pretending to be a doctor, create a market	imagination, language, increase cognitive ability, take risk, interpretation, negotiation, compromising, perspective taking	Wide range of pretend play materials, read story books, create scenarios, engage in children's play

children are naturally motivated to play! Be present and engaged & focus on the positives.